

Coming Home Again



Local Host: Donna Hammann
Location: Love Grows Love
4418 Medusa Road
Norwalk, OH 44857
Date & Time: April 23-25, 2026 (Thurs. – Sat.)
9:00-5:00 Each Day
Trainer: Dr. Heide Burch, Ph.D.

Accommodations:

We are only 20 minutes from Lake Erie and Huron, Ohio is a nice place to rent and be near the lake if that is your thing. Milan has 2 nice bed and breakfast places also.

- Best Western: 351 Milan Ave, Norwalk, Ohio 44857 419-663-3501 \$78-\$110
- Sawmill Creek: 400 Sawmill Creek Drive, Huron, Ohio 44839 419-433-3800 \$139

Directions to Hotels from Airport (CLE) Cleveland, Ohio

Best Western Folks:

This route has tolls.

- | | |
|---|---------|
| 1. Head northeast | 59 ft |
| 2. Use the middle lane to follow signs for I-71/OH-237 N/I-480/Cleveland and merge onto OH-237 N | 0.3 mi |
| 3. Use the right lane to merge onto OH-237 N | 0.2 mi |
| 4. Take the OH-17 exit toward Interstate 480 W/OH-237/Toledo/Lakewood | 0.4 mi |
| 5. Use the left 2 lanes to turn left onto OH-17 W/Brookpark Rd | 0.8 mi |
| 6. Turn right onto Grayton Rd | 0.3 mi |
| 7. Turn left to merge onto I-480 W toward Toledo | 0.3 mi |
| 8. Merge onto I-480 W | 7.6 mi |
| 9. Use the right 2 lanes to take the I-80 W/Ohio Turnpike exit toward I-480 W/Toledo Toll road | 1.1 mi |
| 10. Merge onto I-80 W Toll road | 32.6 mi |
| 11. Take exit 118 to merge onto US-250 E Toll road | 1.0 mi |
| 12. Merge onto US-250 E | 4.1 mi |

Destination will be on the right

48.6 miles 46 minutes

Seminar Data Sheet

Sawmill Creek Folks:

This route has tolls.

- | | |
|--|---------|
| 1. Head northeast | 59 ft |
| 2. Use the middle lane to follow signs for I-71/OH-237 N/I-480/Cleveland and merge onto OH-237 N | 0.3 mi |
| 3. Use the right lane to merge onto OH-237 N | 0.2 mi |
| 4. Take the OH-17 exit toward Interstate 480 W/OH-237/Toledo/Lakewood | 0.4 mi |
| 5. Use the left 2 lanes to turn left onto OH-17 W/Brookpark Rd | 0.8 mi |
| 6. Turn right onto Grayton Rd | 0.3 mi |
| 7. Turn left to merge onto I-480 W toward Toledo | 0.3 mi |
| 8. Merge onto I-480 W | 7.6 mi |
| 9. Use the right 2 lanes to take the I-80 W/Ohio Turnpike exit toward I-480 W/Toledo <i>Toll road</i> | 1.1 mi |
| 10. Merge onto I-80 W <i>Toll road</i> | 5.7 mi |
| 11. Take exit 145 to merge onto OH-57N/Lorain Blvd toward Lorain | 1.6 mi |
| 12. Keep left | 0.1 mi |
| 13. Use any lane to turn left at the first street at Lorain Blvd | 0.4 mi |
| 14. Merge onto I-90W | 0.8 mi |
| 15. Keep right at the fork to continue on OH-2 W | 25.6 mi |
| 16. Continue onto OH-2 W/US-6 W | 0.5 mi |
| 17. Take exit 142 for US-65/Rye Beach Rd | 0.2 mi |
| 18. Turn right onto US-6/Rye Beach RD | 0.1 mi |
| 19. Use the left 2 lanes to turn left at the 1 st cross street onto US-6W/Cleveland Rd W | 0.4 mi |
| 20. Turn right onto Sawmill Creek Dr. W | 295 ft |

47 minutes | 46.4 miles

Directions from Hotels to Love Grows Love

Best Western Folks:

- | | |
|--|---------|
| 1. Head south on US-250 E/Milan Ave toward Stower Lane | 0.2 mi. |
| 2. Turn left onto Republic St. | 0.6 mi |
| 3. Turn left onto Gallup Ave. | 0.8 mi |
| 4. Turn right onto Old State Rd | 0.7 mi |
| 5. Turn left onto Townsend Ave | 0.4 mi |
| 6. Merge onto Township Hwy 245/Cleveland Rd | 0.6 mi |
| 7. Continue onto US-20 E | 1.6 mi |
| 8. At the traffic circle, take the 2nd exit onto US-20 | 0.5 mi |
| 9. Turn left onto Medusa Rd | 0.7 mi |

11 minutes | 6 miles

Seminar Data Sheet

Sawmill Creek Folks:

- | | |
|---|--------|
| 1. Turn left onto Sawmill Creek Dr W | 600 ft |
| 2. Turn left onto Cleveland Rd W | 0.4 mi |
| 3. Turn right onto Rye Beach Rd | 0.3 mi |
| 4. Turn left to merge onto SR-2 East toward Cleveland | 0.6 mi |
| 5. Continue onto OH-2 E | 4.6 mi |
| 6. Take exit 147 for Berlin RD | 0.3 mi |
| 7. Turn right onto Berlin Rd | 4.8 mi |
| 8. Turn right onto OH-113 W/State Rte 61 | 0.3 mi |
| 9. Turn left onto State Rte 61 S | 2.1 mi |
| 10. Turn left onto Wells Rd | 0.6 mi |
| 11. Turn right onto Medusa Rd | 1.5 mi |

19 minutes | 15.6 miles

Area Attractions

Huron, Ohio:	Fowler's Woods, Old Woman's Creek
Milan, Ohio:	Thomas Edison Birthplace
Sandusky, Ohio:	Lake Erie Arms, Cedar Point Amusement Park, Kalahari Water Park

Firelands Rails to Trails Bike Path (parallel to Love grows love farm)

Norwalk Raceway Park

Norwalk Reservoir – nice walking, fishing, biking

Kelley's Island (catch the ferry in Port Clinton, Ohio)

Lakeside, Ohio – many water activities, fishing on Lake Erie

Dining Options

Norwalk, Ohio : Suki Asian Cuisine The Star Diner East of Chicago Pizza
The Freight House

Milan, Ohio : The Invention Jim's Pizza Box

Seminar Data Sheet

Weather

Norwalk Ohio in late April is usually sunny, breezy and cool – avg highs in the upper 50s and overnight lows in the 40s.

We will be in an indoor sand arena. There is also a large outdoor roundpen so you may want sunscreen layers of clothing. There are 2 indoor bathrooms, a big family eating/living room area, and an outdoor eating area. The internet can be spotty to access (I do not have a problem with straight talk) until you are in town.

. It should not be too rainy, yet if it is – thick mud is horrible around here! We have some extra boots if you want to go walk the bike trail. And we have extra bikes/helmets you are welcome to use.

What to Bring

- Layers of clothing
- Hats, gloves, sturdy shoes
- Lip balm and sunscreen
- Notebook/writing instrument
- Brochures and Business Cards for your services (if any)
- Camera