

## Seminar Data Sheet

# Coming Home Again



**Local Host:** Donna Hammann  
**Location:** Love Grows Love  
4418 Medusa Road  
Norwalk, OH 44857  
**Date & Time:** April 23-25, 2026 (Thurs. – Sat.)  
9:00-5:00 Each Day  
**Trainer:** Dr. Heide Burch, Ph.D.

### Accommodations:

We are only 20 minutes from Lake Erie and Huron, Ohio is a nice place to rent and be near the lake if that is your thing. Milan has 2 nice bed and breakfast places also.

- Best Western: 351 Milan Ave, Norwalk, Ohio 44857 419-663-3501 \$78-\$110
- Sawmill Creek: 400 Sawmill Creek Drive, Huron, Ohio 44839 419-433-3800 \$139

### Directions to Hotels from Airport (CLE) Cleveland, Ohio

#### **Best Western Folks:**

*This route has tolls.*

1. Head northeast 59 ft
2. Use the middle lane to follow signs for I-71/OH-237 N/I-480/Cleveland and merge onto OH-237 N 0.3 mi
3. Use the right lane to merge onto OH-237 N 0.2 mi
4. Take the OH-17 exit toward Interstate 480 W/OH-237/Toledo/Lakewood 0.4 mi
5. Use the left 2 lanes to turn left onto OH-17 W/Brookpark Rd 0.8 mi
6. Turn right onto Grayton Rd 0.3 mi
7. Turn left to merge onto I-480 W toward Toledo 0.3 mi
8. Merge onto I-480 W 7.6 mi
9. Use the right 2 lanes to take the I-80 W/Ohio Turnpike exit toward I-480 W/Toledo **Toll road** 1.1 mi
10. Merge onto I-80 W **Toll road** 32.6 mi
11. Take exit 118 to merge onto US-250 E **Toll road** 1.0 mi
12. Merge onto US-250 E 4.1 mi

**Destination will be on the right**

48.6 miles 46 minutes

## **Seminar Data Sheet**

### **Sawmill Creek Folks:**

*This route has tolls.*

1. Head northeast	59 ft
2. Use the middle lane to follow signs for I-71/OH-237 N/I-480/Cleveland and merge onto OH-237 N	0.3 mi
3. Use the right lane to merge onto OH-237 N	0.2 mi
4. Take the OH-17 exit toward Interstate 480 W/OH-237/Toledo/Lakewood	0.4 mi
5. Use the left 2 lanes to turn left onto OH-17 W/Brookpark Rd	0.8 mi
6. Turn right onto Grayton Rd	0.3 mi
7. Turn left to merge onto I-480 W toward Toledo	0.3 mi
8. Merge onto I-480 W	7.6 mi
9. Use the right 2 lanes to take the I-80 W/Ohio Turnpike exit toward I-480 W/Toledo <b>Toll road</b>	1.1 mi
10. Merge onto I-80 W <b>Toll road</b>	5.7 mi
11. Take exit 145 to merge onto OH-57N/Lorain Blvd toward Lorain	1.6 mi
12. Keep left	0.1 mi
13. Use any lane to turn left at the first street at Lorain Blvd	0.4 mi
14. Merge onto I-90W	0.8 mi
15. Keep right at the fork to continue on OH-2 W	25.6 mi
16. Continue onto OH-2 W/US-6 W	0.5 mi
17. Take exit 142 for US-65/Rye Beach Rd	0.2 mi
18. Turn right onto US-6/Rye Beach RD	0.1 mi
19. Use the left 2 lanes to turn left at the 1 <sup>st</sup> cross street onto US-6W/Cleveland Rd W	0.4 mi
20. Turn right onto Sawmill Creek Dr. W	295 ft

47 minutes | 46.4 miles

### **Directions from Hotels to Love Grows Love**

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#### **Best Western Folks:**

1. Head south on US-250 E/Milan Ave toward Stower Lane	0.2 mi.
2. Turn left onto Republic St.	0.6 mi
3. Turn left onto Gallup Ave.	0.8 mi
4. Turn right onto Old State Rd	0.7 mi
5. Turn left onto Townsend Ave	0.4 mi
6. Merge onto Township Hwy 245/Cleveland Rd	0.6 mi
7. Continue onto US-20 E	1.6 mi
8. At the traffic circle, take the 2nd exit onto US-20	0.5 mi
9. Turn left onto Medusa Rd	0.7 mi

11 minutes | 6 miles

## ***Seminar Data Sheet***

### **Sawmill Creek Folks:**

1. Turn left onto Sawmill Creek Dr W	600 ft
2. Turn left onto Cleveland Rd W	0.4 mi
3. Turn right onto Rye Beach Rd	0.3 mi
4. Turn left to merge onto SR-2 East toward Cleveland	0.6 mi
5. Continue onto OH-2 E	4.6 mi
6. Take exit 147 for Berlin RD	0.3 mi
7. Turn right onto Berlin Rd	4.8 mi
8. Turn right onto OH-113 W/State Rte 61	0.3 mi
9. Turn left onto State Rte 61 S	2.1 mi
10. Turn left onto Wells Rd	0.6 mi
11. Turn right onto Medusa Rd	1.5 mi

19 minutes | 15.6 miles

### **Area Attractions**

Huron, Ohio:	Fowler's Woods, Old Woman's Creek
Milan, Ohio:	Thomas Edison Birthplace
Sandusky, Ohio:	Lake Erie Arms, Cedar Point Amusement Park, Kalahari Water Park

Firelands Rails to Trails Bike Path (parallel to Love grows love farm)

Norwalk Raceway Park

Norwalk Reservoir – nice walking, fishing, biking

Kelley's Island (catch the ferry in Port Clinton, Ohio)

Lakeside, Ohio – many water activities, fishing on Lake Erie

### **Dining Options**

Norwalk, Ohio : Suki Asian Cuisine The Star Diner East of Chicago Pizza  
The Freight House

Milan, Ohio : The Invention Jim's Pizza Box

## ***Seminar Data Sheet***

### **Weather**

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Norwalk Ohio in late April is usually sunny, breezy and cool – avg highs in the upper 50s and overnight lows in the 40s.

We will be in an indoor sand arena. There is also a large outdoor roundpen so you may want sunscreen layers of clothing. There are 2 indoor bathrooms, a big family eating/living room area, and an outdoor eating area. The internet can be spotty to access (I do not have a problem with straight talk) until you are in town.

*. It should not be too rainy, yet if it is – thick mud is horrible around here! We have some extra boots if you want to go walk the bike trail. And we have extra bikes/helmets you are welcome to use.*

### **What to Bring**

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- Layers of clothing
- Hats, gloves, sturdy shoes
- Lip balm and sunscreen
- Notebook/writing instrument
- Brochures and Business Cards for your services (if any)
- Camera