

LET'S GET DOWN TO BUSINESS!



Local Host: Katie Durio
Location: Stable-Spirit
295 Flamingo Street
Rose City, TX 77662
Date & Time: February 1-3, 2024 (Thurs. – Sat.)
9:00-5:00 Each Day
Trainer: Heide Burch, Ph.D.

Accommodations:

- MCM Elegante Hotel - 2355 I-10, Beaumont, TX 77705 (409) 842-3600
www.mcmelegantebeaumont.com/ Rates from \$89 – using promotional link here:
<http://bookings.ihotelier.com/bookings.jsp?groupID=3803862&hotelID=95757>

Directions to Hotels from Southeast Texas Regional Airport (BPT)

***** *Houston Hobby (HOU) and Bush Intercontinental (IAH) are also viable airports***

To MCM Elegante

1. Head northeast on Oak Hill Ln toward Pine Ridge Ln 279 ft.
2. Turn left onto Pine Ridge Ln 131 ft
3. Pine Ridge turns slightly right and becomes Aero Dr. 0.4 mi
4. Continue onto Nederland Ave 427 ft
5. Turn left onto Hwy 69N/Memorial/US 69 Access Rd 0.2 mi
6. Use the left lane to take the ramp onto US-287 N/US-69 N/US-96 N 0.1 mi
7. Follow US-287 N/US-69 N/US-96 N to Interstate 10 Access Rd in Beaumont. Exit from US-287 N/US-69 N/US-96 N 11.5 mi
8. Merge onto Interstate 10 Access Rd.
MCM Elegante will be on the right.

12.4 miles | 17 minutes

Seminar Data Sheet

Directions from Hotels to Stable-Spirit

- | | |
|--------------------------------------------------------------------------------------|--------|
| 1. Head northeast on Interstate 10 Access Rd | 0.4 mi |
| 2. Continue straight to stay on Interstate 10 Access Rd | 0.3 mi |
| 3. Use the left lane to take the ramp onto I-10 E | 0.1 mi |
| 4. Merge onto I-10 E | 2.1 mi |
| 5. Keep left at the fork to stay on I-10 E, follow signs for
U.S. 90/Lake Charles | 3.5 mi |
| 6. Take exit 856 toward US-90 Old/Rose City | 0.2 mi |
| 7. Merge onto W Fwy Blvd S | 0.3 mi |
| 8. Turn right onto Old US 90 | 1.0 mi |
| 9. Turn right onto Flamingo St | 0.1 mi |
- Stable-Spirit will be on the left.

7.6 miles | 11 minutes

Area Attractions

Numerous Museums, Gator Country, Spindletop – Gladys City, Cattail Marsh,

Botanical Gardens in both Beaumont and Orange, TX

Dining Options

Wide variety of dining: Italian, Cajun, Steakhouses, Mexican, Seafood, Oriental, etc

Tia Juanita's Fish Camp,
Outback Steakhouse,
J. Wilson's, Saltgrass,
Café Del Rio,
Floyd's,
Elsas Greek Grill,

Carrabba's,
Pappadeaux's,
Crazy Cajun,
Frankie's Italian Grill,
Bayou City Café,
Madison's

Seminar Data Sheet

Weather

Rose City features lows in the 40's, high's in the 60's. There is a possibility of rain, so a rain jacket would be recommended. We have a covered arena, with open sides, as well as an open arena and several paddock areas. It is suggested to dress in layers, to be able to take off sweaters & jackets as the day warms up.

What to Bring

- Layers of clothing
- Hats, gloves, sturdy shoes
- Lip balm and sunscreen
- Notebook/writing instrument
- Brochures and Business Cards for your services (if any)
- Camera