

# Giddy Up & Get Over It!



**Local Host:** Brittany Pulsifer  
Free Spirit Therapeutic Riding  
Association

**Location:** Rohan Wood Stables  
382 Morden Road,  
Aylesford NS B0P 1C0

**Date & Time:** July 13-15, 2018 (Fri. – Sun.)  
9:00-5:00 Each Day

## Accommodations:

- Aurora Inn- 831 Main Street, Kingston, NS 902-765-3306, \$115-\$145/night (discounts available- CAA etc.)
- Old Orchard Inn- 153 Greenwich Road, Wolfville, NS 902-542-5751, \$149/night (\$129/night Sunday) Group booking rates available.
- Slumber Inn, 5534 Prospect Road, New Minas, 902-681-5000, \$95-\$130/night

## Directions to Hotels from Halifax International Airport (YHZ)

### **Directions to Aurora Inn (1 hour, 24 minutes, 90 miles)**

1. Leaving Halifax International Airport (YHZ) Get on NS 102 S from Bell Blvd 2.05 mi
  2. Take NS 101- to Maple Street in Kings, Subd A. Take exit 17e from NS-101. 88.23 mi
  3. Continue on Maple Street Drive to Nova Scotia Trunk 1 E in Kingston 0.62 mi
- Arrive at 831 Main Street (Aurora Inn)

84 minutes | 90 miles

### **Directions to the Old Orchard Inn (56 minutes, 60.8 miles)**

1. Leaving Halifax International Airport (YHZ) Get on NS 102 S from Bell Blvd 2.05 mi
  2. Take NS 101- to Greenwich Conn in King, Subd. D. Take exit 11 from NS-101 59.4 mi
  3. Turn right and drive to Greenwich Rd 0.24 mi
- Arrive at 153 Greenwich Road South, Wolfville NS (Old Orchard Inn)

56 minutes | 60.8 miles

## *Seminar Data Sheet*

### **Directions to Slumber Inn from Halifax International Airport**

1. Leaving Halifax International Airport (YHZ) Get on NS 102 S from Bell Blvd 2.05 mi
  2. Take NS 101 to New Minas Connector Rd in New Minas. Take exit 12 from NS 101. 63.4 mi
  3. Drive to Prospect Road (46 seconds)
- Arrive at 5534 Prospect Rd., New Minas, NS (Slumber Inn)

62 minutes | 66 miles

### **Directions from Hotels to Rohan Wood Stables**

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#### **Aurora Inn to RWS**

1. Head North-East toward Old Brook Rd on Trunk 1 E 3.9 mi
  2. Turn left onto Morden Rd./Hwy 361 1.1 mi
- Rohan Wood Stables will be on your right

7 minutes | 5.1 miles

#### **Old Orchard Inn to RWS**

1. Head northeast on Greenwich Road (turn left at end of Old O driveway)
  2. Turn Left onto the NS 101 W ramp to Middleton/Yarmouth 0.24 mi
  3. Merge onto NS 101 W 22.4 mi
  4. Take exit 16 towards Aylesford/Auburn/Morden 0.31 mi
  5. Turn right onto Victoria Road 0.31 mi
  6. Turn left onto Brooklyn Street 1.8 mi
  8. Turn right onto Morden Road, 0.1 mi
- Rohan Wood Stables will be on your right.

27 minutes | 27.4 miles

#### **Slumber Inn to RWS**

1. Get on NS-101W 0.5 mi
  2. Follow NS-101W to Victoria Road in Kings, Subd A. Take exit 16 from NS101 W. 18.8 mi
  3. Turn right onto Victoria Road 0.31 mi
  4. Turn left onto Brooklyn Street 1.8 mi
  5. Turn right onto Morden Road 0.1 mi
- Rohan Wood Stables will be on your right.

25 minutes | 21.6 miles

## *Seminar Data Sheet*

### **Area Attractions**

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Bay of Fundy (Highest Tides)  
Harbourville (lobster/fishing community)  
Whale Watching (Digby)  
Peggy's Cove (close to the airport)  
Grand Pre (Historical site)  
Tidal Bore Rafting (Shubenacadie River)  
Cape Split (hike)  
Kejimikujik National Park (camping, hiking, etc)  
Vineyards and Wineries (restaurants and guided wine tours)

### **Dining Options**

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Kellocks (Berwick)  
Union Street (Berwick)  
Driftwood (Berwick)  
Green Elephant (Kingston)  
Pizza Delight (Greenwood)

### **Weather**

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Normal temperatures are 15 degrees Celsius to 29 degrees Celsius, tends to be humid. We will be in an indoor riding arena (covered)

### **What to Bring**

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- Layers of clothing
- Sunscreen/Lip Balm/Insect Repellant
- Notebook/writing instrument
- Brochures for your services (if any)
- Business Cards (if any)
- Camera