

# Crisis to Confidence: Turning “Bad” into “O.K.”



**Local Host:** Jennifer Breslin

**Location:** Hidden Spring Ranch  
185 Washburn Rd  
Gansevoort, NY 12831

**Date & Time:** July 10-12, 2020 (Fri. - Sun.)  
9:00-5:00 Each Day

## Accommodations:

- Landmark Inn, 1418 Rt 9, Ft Edward NY 12828 518-793-3441
  - \$175-200 per night
- Sara Glen Motel 1518 Rt 9, Ft Edward NY 12828 518-793-4166
  - \$150-200 per night

## Directions to Hotels from Albany International Airport (ALB)

1. Head northwest on Albany Shaker Rd/NY 155 for 0.2 miles.
2. Sharp right onto Albany Shaker Rd/NY 155. Continue for 1.7 miles.
3. Merge onto I-87 N via the ramp on the left. Continue for 37 miles.
4. Merge onto Saratoga Rd/US-9 N via EXIT 17N toward Glens South Falls.
5. Follow for 1.8 miles to Landmark Motor Inn, or 2.6 miles to Sara Glen Motel.

41 miles | 45 minutes

## Directions from Hotels to Hidden Spring Ranch

1. Turn left onto Rt 9. Travel south for 3.3 miles from Landmark, 4.1 miles from Sara Glen.
2. Make a left turn onto Old West Rd.
3. Take the first left onto Washburn Rd (0.4 miles)
4. Hidden Spring Ranch is on the right (0.5 miles)

## *Seminar Data Sheet*

### **Area Attractions**

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Lake George Village, Downtown Saratoga Springs, Saratoga Spa State Park

### **Dining Options**

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Fitzgerald's Pub (Ft Edward), Raul's Mexican Grill (Glens Falls),  
Wishing Well (Gansevoort), Winslow's Restaurant (Gansevoort)

### **Weather**

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July in NY can be hot and humid! We plan to be outside as much as possible, but may use the indoor in inclement weather.

### **What to Bring**

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- Hat/Sunglasses/Raincoat
- Sunscreen
- Notebook/writing instrument
- Brochures for your services (if any)
- Business Cards (if any)
- Articles for submission to the Equine-Assisted Networker (if any)
- Camera